



TAKE OUT AVAILABLE ALL DAY ~ 10am – 8pm ~

WE DELIVER ~10am-1pm & 4pm-8pm~

BREAKFAST 10am-1pm **ONLY**

COFFEE IS ON

(3PM on WEEKENDS – FRIED CHICKEN & WAFFLE BENNY on WEEKENDS)

BREAKFAST SANDWICHES ~ALL 7~

fried free run egg, fresh baked house bun

Chorizo & Guacamole

chorizo sausage, guacamole, Little Qualicum fresh cheese & paprika aioli

Ham & Cheese

Hertel's ham, havarti cheese, mornay sauce & grainy Dijon mustard aioli

Tomato, Pesto & Brie (VEG)

fresh tomato, arugula pesto, Comox brie, aioli

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Classic Breakfast 10

2 free run eggs, 2 Hertel's Bacon or 1 British Banger or Grilled Tomato pan-fries w/ caramelized onions and

Portofino Toast: marbled rye // sourdough // multigrain

French Toast 10

egg dipped & grilled house made bread w/ 100% pure Maple Syrup

ADD: Hertel's Bacon 2 strips +3 // 4 strips +6

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EGGS BENEDICTS

~ALL 12~ À LA CARTE

Eggs Benny

local ham, 2 free run poached eggs, hollandaise

Tomato & Guacamole (VEG)

grilled tomato, house made guacamole

Stilton, Bacon & Mushroom Benny

English blue cheese, bacon lardons, portabella & button mushrooms

Dungeness Benny

crab & baby shrimp with shallot, cilantro, & roasted red pepper

Chorizo & Guacamole Benny

Little Qualicum fresh cheese, chorizo sausage, guacamole

Smoked Salmon Benny

local smoked salmon, lemon horseradish cream cheese, crispy capers

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HASHES

~ALL 16~

topped with 2 free run poached eggs & hollandaise

served with Portofino toast: marbled rye // sourdough // multigrain

Pulled Pork Hash

slow braised pork, havarti cheese, fried potatoes, caramelized onions & chipotle onion relish

Chorizo Sausage Hash

fried potatoes, onion, tomato, portabella & button mushrooms, sharp cheddar, fresh rosemary

Huevos Hash (VEG)

black beans, fresh tomato, Little Qualicum fresh cheese, green onions, fried potatoes, caramelized onions, guacamole & mojo sauce

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SIDES

Fried potatoes w/Caramelized Onions +3.5 // Hertel's Bacon 2 strips +3, 4 strips +6 //

Portofino Toast +2.5 // Guacamole +3 // Grilled tomatoes +3

1 British banger +3, 2 bangers +6 // 1 Egg + 2.5

(minimum \$25 orders for DELIVERY +\$5 Delivery Charge)



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LUNCH & DINNER

Mains

Steak Frites 6oz 25 // 8oz 31

Certified Angus N.Y Striploin, balsamic butter, house cut kennebec fries & aioli

ADD: house pickled beets & grilled asparagus +6 **OR** grilled mushrooms +5

Prime Rib Spaghetti Bolognese 18

braised CAB prime rib in a rich tomato sauce with manchego cheese

Roasted Garlic & Mushroom Fettuccine 16 (VEG)

white wine, butter, fresh lemon, parsley & thyme, portabella & button mushrooms, manchego cheese

Warm French Lentils & Arugula 16 (VEG)

lemon, olive oil and spices, organic arugula, pickled beets, chèvre

ADD: local chicken breast / Dungeness crab cake / cajun snapper / local seared albacore tuna **+\$7.5**

Chicken Avocado Salad 18

Stilton vinaigrette, grape tomatoes, organic greens, Stilton cheese, local chicken breast, avocado

Fish N' Chips 1 pc. 12 // 2 pc. 16

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Burgers & Sandwiches

ALL À LA CARTE

Fatbuoy

B.C Ranchlands beef burger, chipotle onion relish, aioli, fresh baked bun

Lamb Burger

local lamb, blue cheese, chipotle onion relish, aioli, fresh baked bun

Fried Chicken Burger

fried local chicken, homemade bread & butter pickles, spicy aioli, fresh baked bun

Muffaletta

Hertel's ham, Genoa salami, olive & cauliflower salad, provolone cheese & aioli on French baguette

Snapper & Bacon Po' Boy

Cajun spiced local snapper, Hertel's bacon, vegetable chow-chow & spicy aioli, French baguette

Grilled Reuben

house cured CAB brisket, IPA braised cabbage, mustard aioli & gruyère cheese, Portofino marbled rye

ALL \$11

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Croque Monsieur

grilled Hertel's ham & cheese sandwich, Portofino sourdough

Pulled Pork Sandwich

slow braised pork, fresh baked bun, coleslaw & BBQ sauce

Roasted Veggie Sandwich (VEG)

portabella & button mushrooms, fresh arugula, caramelized onions, grainy mustard aioli, Comox Brie

ALL \$8

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STARTERS & SIDES

Marinated Mediterranean Olives 6

Dungeness Crab Cakes 17

caper remoulade, small organic salad

Classic Poutine

regular 8 // large 10

ADD: shredded duck confit // pulled pork & BBQ sauce // bacon lardons & Stilton cheese +5

House Cut Fries 5 // Fancy Fries 8

Crispy Duck Wings 10

orange coriander vinaigrette, house made bread & butter pickles



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SALADS

Chicken Avocado Salad

Stilton vinaigrette, grape tomatoes, organic greens, Stilton cheese, local chicken breast, avocado
18

Organic Greens

Dijon-shallot vinaigrette, bacon lardons, toasted seeds, apple & red grapes
regular size 8 // large 12

Caesar Salad

crispy capers, bacon lardons, manchego cheese, house croutons
regular size 10 // large 14

ADD: local chicken breast // Dungeness crab & shrimp cake
cajun snapper // local seared albacore tuna **+\$7.5**

SOUPS

HOT or COLD

New England Seafood Chowder

8oz **8** // 16oz **14** // 32oz **24**

Daily Soup

8oz **6** // 16oz **10** // 32oz **18**

Fresh Baked Buns

1 for \$1.5 **OR** 6 for \$6

DESSERTS

Dark Chocolate Domed Mousse

cranberry coulis, shaved white chocolate
8

Stilton Cheesecake

port reduction, toasted walnuts
8

Strawberry Rhubarb Crumble for 2

10

NO ICE CREAM

LOCAL BEERS, CIDER & WINE

www.heronrockbistro.ca

250-383-1545

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FEATURES ...be sure to VISIT our WEBSITE