



Saturday, October 17th

Baja Pork Benny ~ 17

Crispy pork belly, salsa verde, queso fresco, fresh coleslaw on a
toasted English muffin with crispy tortilla chips
pan-fries with caramelized onions
substitute fruit +2

Chef's Choice Triple Benny ~ 19.5

you order it, **CHEF decides** ~ served à la carte
pan-fries with caramelized onions +4 ~ organic greens +6 ~ fresh fruit +4.5

Quiche ~ 12

1. roasted red peppers, arugula, green onion, basil, provolone
2. chorizo, queso fresco, oregano, roasted red onion
organic greens with Dijon-shallot vinaigrette

BREAKFAST COCKTAILS

Mimosa 7 ~ Manmosa 11

Good Morning Carolann 10

cointreau & cranberry juice topped with Faux Pas Frizzante

Tropic Thunder 8

Punch Bowl I.P.A & grapefruit juice

Bloody Caesar 6.5 ~ Dill Pickle Caesar 6.5

Jameson's & Beef Jerky Caesar 8.5

Tofino Jalapeño Vodka Caesar 8.5

Beefeater, Bacon & Blue Cheese Caesar 8.5

Tequila Oyster Ceasar 8.5

We use Walter's All Natural Caesar Mix,
Tabasco, Worcestershire & a touch of horseradish

ON TAP TODAY

ARCUS PILSNER 5% ~ DRIFTWOOD, VICTORIA

GLITTERBOMB HAZY PALE ALE 5.4% ~ PHILLIPS, VICTORIA

NEW GROWTH PALE ALE 5% ~ DRIFTWOOD, VICTORIA

LIGHTHOUSE LAGER 5.1% ~ LIGHTHOUSE, VICTORIA

NIGHTWATCH COFFEE LAGER 5% ~ WHISTLE BUOY, VICTORIA

NANAIMO BAR PORTER 6.2% ~ DRIFTWOOD, VICTORIA

BUDDHA'S PRIEST E.S.B. 5.5% ~ OFF THE RAIL, VANCOUVER

DROP TANK INDIA BLONDE ALE I.B.A 6.7% ~ ACE BREWING COMPANY, COURTENAY

MISTHORN AURORA I.P.A 6.9% ~ VANCOUVER ISLAND BREWING, VICTORIA

CIDER 500ML BOTTLES

TWISTED HILLS PARADISE PEAR ~ TWISTED HILLS CALVILLE APPLE

~ SCENIC ROAD RAZ

WE BRUNCH EVERYDAY until 3pm **DINNER** 3-10pm ~ Daily

HERON ROCK HAPPY HOUR 3-5pm & 8-10pm ~ Daily

LIVE MUSIC: BLUES, JAZZ, FUNK & SOUL Monday @ 6:30pm

Menus, Hours and Updates

www.heronrockbistro.ca